



**Let's Start**

Chilled Gazpacho – Tomato Crostini	\$9.00
Conch Chowder – Rosemary Crouton	\$9.00
Lime Marinated Tiger Prawns – Avocado Tomato	\$17.00
Spicy Chicken Wings – Parmesan Sweet Potato Fries Garlic Mayo	\$14.00
TCI Conch Salad – Crisp Potato - Spicy Guacamole	\$11.00

**Green & Healthy**

Jerk Roasted Mahi-Mahi – Shredded Greens – Pineapple – Chili Aioli	\$18.00
Variety of Greens – Asparagus – Egg White – Orange Dressing	\$11.00
Rolled Ice Berg Lettuce – Crispy Turkey Bacon – Fat Free Ranch Dressing	\$14.00
Caesar Salad – Shaved Parmesan – Focaccia Crouton	\$11.00
Add Chicken \$15.00    Add Shrimp \$19.00	
Spinach – Papaya Salad – Spiced Shrimp - Walnuts – White Balsamic Dressing	\$19.00
Thai Chicken & Glass Noodle Salad – Spicy Pine Nuts – Mango – Sesame Dressing	\$17.00
Blue Swimmer Crab – Chopped Niçoise Salad – Lemon & Lime Dressing	\$22.00

**From Grill & Stove**

Grilled Red Snapper – Asparagus – Wasabi Mash Potato – Lemon Aioli	\$19.00
Rare Grilled Ahi Tuna – Straw Potato – Arugula Salad – Roasted Almond Pesto	\$20.00
Shrimp Taco-Tini – Avocado – Shredded Lettuce – Pico de Gallo – Fresh Lime	\$19.00
Mahi-Mahi Spinach Wrap – Pickled Cucumber – Roasted Garlic Dip - Fries	\$18.00
Islands Own Jerk Chicken - Peas & Rice – Fried Plantain – Natural Jerk Jus	\$15.00

**Flame Charred Angus Beef Burger**

American, Cheddar or Swiss Cheese	
Pancetta or Bacon	
Parmesan – Lemon Fries	\$14.00

**Ahi Tuna Burger**

Avocado - Lettuce	
Grilled Peppers	
French Fries	\$19.00

**Choose your own Club Sandwich**

**Traditional \$15.00**

Chicken-Bacon
American Cheese
Avocado – Lettuce
Tomato

**Island \$18.00**

Grilled Mahi-Mahi
Avocado – Arugula
Fire Roasted Pepper
Crispy Pancetta

**Crab \$22.00**

Dungeness Crab
Avocado - Tomato
Young Spinach
Asparagus

**Guilt Free Sweets**

Island Berry Panna Cotta	\$9.00
Pineapple Carpaccio – Lemon Sorbet	\$9.00
Strawberry Salad – Black Pepper Balsamic Syrup	\$8.00

**Lunch**

**Desserts**

Tiramisu	\$9.00
Ice Creams	\$8.00
Chocolate Cream Puffs	\$8.00

Prices are quoted in US Dollars and are subjected to 11% Government Tax and 10% Service Charge.  
8% is charged for a party of 6 and more.